



**CONSENT FOR WELLNESS SERVICES**

I, \_\_\_\_\_, hereby request and consent to naturopathic health and wellness consultation from Lakeside Natural Medicine, LLC.

I understand that I have the right to ask questions and discuss to my satisfaction with my Lakeside Natural Medicine practitioner:

- my diagnosis(es) or condition(s) identified by my treating provider (i.e. medical doctor)
- the nature, purpose, goals and potential benefits of the proposed wellness consultation,
- the inherent risks, complications, potential hazards or side effects of my naturopathic wellness consultation treatment or procedure
- the probability or likelihood of success
- reasonable available alternatives to the proposed wellness consultation
- potential consequences if a healthy lifestyle is not followed and / or nothing is done

I recognize that the Lakeside Natural Medicine practitioners have a doctorate of naturopathic medicine and have been trained as primary care practitioners. I am aware, however, that in the state of Wisconsin there is no licensure regulating the practice of naturopathic medicine, therefore medical diagnosis or treatment may not be made.

I acknowledge that nothing in the techniques or methods of natural healing is for the purpose of diagnosing, treating, alleviating, mitigating, curing or preventing of disease in accordance with conventional medical science in any way or manner whatsoever. I clearly understand that all the teaching and methods of natural medicine as administered by Lakeside Natural Medicine, LLC are for the sole purpose of assisting people to learn how to build and maintain their health and well-being. As a patient of Lakeside Natural Medicine, LLC, I agree to always seek medical advice for medical treatment.

I confirm that I have read and fully understand the above prior to my signing.

\_\_\_\_\_  
Signature of Parent/Guardian of patient if patient is a minor

\_\_\_\_\_  
Date



Dear New Patient,

Welcome to Lakeside Natural Medicine. We look forward to supporting your health care needs. Please read and initial the following statements:

\_\_\_\_\_ Payment for all services and medicinary items are due in full at the time of visit. We accept cash, credit card, and checks. In the state of Wisconsin naturopathic practitioners are not able to bill insurance.

\_\_\_\_\_ Lakeside Natural Medicine is not responsible for any lab expenses. The patient is responsible for all lab expenses

\_\_\_\_\_ Due to time constraints, you will be charged for scheduled and unscheduled phone consultations that exceed 10 minutes. Uncharged phone calls are for matters concerning clarification of wellness plans and past medical issues. Any new well-being concerns will be scheduled as follow-up appointments. Lakeside Natural Medicine will notify you of the need for a charge, so that you can determine whether you would like to address the issue and pay the fee, or schedule an appointment.

\_\_\_\_\_ Please give Lakeside Natural Medicine 24-hours advance notice of cancellations. If you cancel within 24 hours of your appointment, you will be charged a fee of \$50. . Notice of cancellation should be given via phone to 414-939-8748 or email to [info@lakesidenaturalmedicine.com](mailto:info@lakesidenaturalmedicine.com) .

\_\_\_\_\_ Unless a specific payment plan has been agreed upon and put into writing, we reserve the right to charge interest on any outstanding balance on the account. After one month, a 1% per month compounded interest will accrue on any unpaid balance. After one year, the late payment fee will be 12% on any unpaid balance.

I have read and understand the above-stated policies of Lakeside Natural Medicine and will comply with them in all respects.

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Patient Name (Please print. Include parent/guardian if patient is a minor.)

\_\_\_\_\_  
Patient signature (Parent/guardian signature if patient is a minor)

\_\_\_\_\_  
Date

### **Email Consent**

Email offers us an easy and convenient way to communicate between office visits. In order for me to serve you best, I ask that you follow the below guidelines for email communication.

#### **Conditions for email communication:**

- Emails are great for asking general questions that do not require detailed discussion and for clarification of previous recommendations.
- Emails are not meant to replace in-person or phone appointments, nor are they meant to discuss new wellness concerns or receive new wellness consultations.
- Although we do check email regularly, we cannot guarantee that we will be able to answer your email right away nor can we guarantee that we will receive it. Call the office if the matter is urgent or if you do not hear back from me within a reasonable amount of time.
- Confidentiality is not guaranteed with emails! It is like sending a postcard in the mail.
- Email is never appropriate for emergency situations. Please call your medical treatment provider or your local emergency department.
- Emails may be added to your patient chart.

**Finally, either one of us can revoke permission to use the email system at any time.**

- YES**, I would like the option to correspond via email. I agree to and understand the terms of email communication as detailed above.
- NO**, I do not want to correspond via email.

Name: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**Child Health History Intake**

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Birth Weight \_\_\_\_\_ Sex \_\_\_\_\_  
 Mother's name \_\_\_\_\_ Father's name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone # \_\_\_\_\_

How did you hear about this clinic? \_\_\_\_\_  
 Do you have Medicaid? Yes \_\_\_\_\_ No \_\_\_\_\_

**Health History Questionnaire**

What are your child's most important health problems? List as many as you can in order of importance.

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

What has already been done for the above mentioned problems (not applicable for a well-child visit)?  
 \_\_\_\_\_

Does your child have a contagious disease at this time? Y N  
 If yes, what? \_\_\_\_\_

**Birth History**

List major patterns of illness present in the child's birth mother, father or their families:

Did mother receive prenatal care? \_\_\_\_\_ Prenatal vitamins? \_\_\_\_\_ Medications (type)? \_\_\_\_\_  
 Did mother smoke cigarettes? \_\_\_\_\_ Drink alcohol? \_\_\_\_\_ Illicit Drugs (type)? \_\_\_\_\_

Any previous pregnancies not carried to term? Y N How many? \_\_\_\_\_ When? \_\_\_\_\_  
 Any difficulties with the pregnancy (nausea, vomiting, bleeding, etc): \_\_\_\_\_

Type of birth (e.g. hospital, home, C-section) \_\_\_\_\_ Carried to term?  
 If no, how premature? \_\_\_\_\_  
 Complications of labor or delivery: \_\_\_\_\_

**Previous Illnesses**

Describe difficulties during infancy ( e.g. colic, skin or lung problems): \_\_\_\_\_

Has your child had (please circle one)?

Rheumatic Fever	Y N	German Measles	Y N
Chicken Pox	Y N	Measles	Y N

**How often does your child get (please fill in):**

**N** = Never    **O** = Occasionally    **F** = Frequently    **C** = Constantly

Colds \_\_\_\_\_ Sore throat \_\_\_\_\_ Earaches \_\_\_\_\_ Coughs \_\_\_\_\_ Diarrhea \_\_\_\_\_  
 Constipation \_\_\_\_\_ Abdominal aches \_\_\_\_\_ Other \_\_\_\_\_

Has your child had any of the following? When? Where?

Electroencephalogram? \_\_\_\_\_

Psychological evaluation? \_\_\_\_\_

Hearing tests? \_\_\_\_\_

Speech/Language tests? \_\_\_\_\_

**Hospitalizations/Surgeries/Injuries**

What hospitalizations/Surgeries/Injuries has your child had? When?

\_\_\_\_\_  
 \_\_\_\_\_

**Immunization History**

**U** = Up to date    **P** = partial    **N** = Not done

*Pre-school:* \_\_\_\_\_ HBV (hepatitis B)    \_\_\_\_\_ Hib (hemophilus influenza type B)  
 \_\_\_\_\_ HAV (hepatitis A)    \_\_\_\_\_ DTaP (diphtheria, tetanus, pertussis)  
 \_\_\_\_\_ IPV (polio)    \_\_\_\_\_ MMR (measles, mumps, rubella)  
 \_\_\_\_\_ Varicella (chicken pox)    \_\_\_\_\_ PCV (pneumococcal bacteria)

*School age:* \_\_\_\_\_ Td (tetanus, diphtheria)    \_\_\_\_\_ MCV4 (meningitis)

*Other:* \_\_\_\_\_ Influenza

Reactions to immunizations? \_\_\_\_\_

\_\_\_\_\_

**Allergies**

Is your child hypersensitive or allergic to:

Any drugs? \_\_\_\_\_

Any foods? \_\_\_\_\_

Any environmental? \_\_\_\_\_

Breast fed? \_\_\_\_\_ How long? \_\_\_\_\_ Formula? \_\_\_\_\_ Milk / soy? \_\_\_\_\_

**Typical Food Intake**

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

To Drink: \_\_\_\_\_

**Medications/Supplements**

Please list the name, dosage and date started of any prescription medications, over the counter medications, vitamins or supplements your child is taking:

- |          |          |
|----------|----------|
| 1) _____ | 5) _____ |
| 2) _____ | 6) _____ |
| 3) _____ | 7) _____ |
| 4) _____ | 8) _____ |

**Symptoms**

- |                                       |   |   |  |
|---------------------------------------|---|---|--|
| <input type="checkbox"/> Hives        | <input type="checkbox"/> Burning urine      | <input type="checkbox"/> Bloody urine       | <input type="checkbox"/> Eczema        |
| <input type="checkbox"/> Cries easily | <input type="checkbox"/> Bleeding gums      | <input type="checkbox"/> Heart murmur       | <input type="checkbox"/> Nervous       |
| <input type="checkbox"/> Nose bleeds  | <input type="checkbox"/> Vomiting spells    | <input type="checkbox"/> Sleep problems     | <input type="checkbox"/> Asthma        |
| <input type="checkbox"/> Acne         | <input type="checkbox"/> Anemia             | <input type="checkbox"/> Night sweats       | <input type="checkbox"/> High fevers   |
| <input type="checkbox"/> Jaundice     | <input type="checkbox"/> Sensitive to light | <input type="checkbox"/> Chronic rash       | <input type="checkbox"/> Stomach aches |
| <input type="checkbox"/> Diarrhea     | <input type="checkbox"/> Hearing loss       | <input type="checkbox"/> Easy bruising      | <input type="checkbox"/> Sore throats  |
| <input type="checkbox"/> Flat feet    | <input type="checkbox"/> No appetite        | <input type="checkbox"/> Body/breath odor   | <input type="checkbox"/> Constipation  |
| <input type="checkbox"/> Nightmares   | <input type="checkbox"/> Frequent colds     | <input type="checkbox"/> Bleeding tendency  | <input type="checkbox"/> Unusual fears |
| <input type="checkbox"/> Wheezing     | <input type="checkbox"/> Joint pains        | <input type="checkbox"/> Excessive fatigue  | <input type="checkbox"/> Cough         |
| <input type="checkbox"/> Dizzy spells | <input type="checkbox"/> Hair loss          | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Allergies     |

**Describe problems in the following areas:**

Digestion: \_\_\_\_\_

Skin: \_\_\_\_\_

Respiratory: \_\_\_\_\_

Urinary: \_\_\_\_\_

Behavioral: \_\_\_\_\_

How much sleep does he/she get? From \_\_\_\_\_ pm to \_\_\_\_\_ am

What is the quality of your child's sleep? \_\_\_\_\_

Is there any information about your child's health that you would like to add?

What expectations do you have for your child from working with Lakeside Natural Medicine?